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KENSINGTON WAKES UP
BISTRO HAS WRAP GAME ON LOCK {page 27}



'FRESH'
EVA TELLS METRO
ABOUT HER NEW VENTURE {page 16}



CALGARY

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Thursday, October 21, 2010
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► Calgary police Chief Rick Hanson and mayor-elect Naheed Nenshi.

Truce?

Dumpster baby a surprise?

► Baby boy's mother is 29 years old ► Baby remains in stable condition ► Media reports say father's brother, who lived with boy's parents, was unaware of pregnancy



KRISTA
SYLVESTER
@METRONEWS.CA

Police say the woman accused of leaving her newborn baby boy in a northwest townhouse dumpster told them she didn't know she was pregnant.

Staff Sgt. Leah Barber of the child abuse unit said it's amazing people found the baby when they did. The newborn was initially hypothermic and sent to hospital in life-threatening condition on Tuesday after being in the dumpster for up to two hours.

"I truly believe they saved his life."

Media reports have suggested the father was the one who initially found the baby.

The woman is undergoing a psychiatric assessment but her name is being withheld to protect the identity of the baby.

"Information suggests the woman was not aware of the pregnancy prior to birth," Barber said, but she couldn't elaborate.

Charges

The charges pending against the 29-year-old woman include:

- Attempted murder
- Failing to provide the necessities of life
- Child abandonment

The woman gave birth in the Queen's Park Village townhouse complex, where she lives, and she was brought to hospital a short while after the baby was born.

Although she and the baby's father are a couple, the father didn't know the woman was pregnant until officials told him, police said.

Barber said she has never seen anything like this since she took her position over two years ago.

"It's not common," she said.

New mayor, chief play nice together

Despite a public spat over the police budget prior to the election, it was all smiles after mayor-elect Naheed Nenshi and Chief Rick Hanson met with the Police Commission yesterday.

Kill the engine come January

U of C announces ban on idling cars {page 6}

Colonel called 'evil, pure evil'

Family of one of Williams' victims speaks out {page 10}

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A business card for CMP. The card is white with a red rectangular logo in the center containing the letters 'CMP' in white. Above the logo, it says 'CRAFT PLAZA HOTEL' and below it says 'JUL'. The address '12 AVE NE' is printed at the top and bottom of the card. The card is from 'MEMORIAL DAY' and has a small '1' in the top right corner.

AMVIC LICENSED

Goodall brings the monkey business

A little bit of Congo is coming to Calgary.

Dr. Jane Goodall, famous for her study of chimpanzees, is in town for a lecture this weekend at the Jubilee Auditorium.

"It is hard to believe that 50 years have passed since I began my study of the chimpanzees of Gombe," said Goodall.

"Half a century of amazing discoveries have helped us redefine our place in the natural world. And most amazing of all is knowing how much more the chimpanzees have to teach us."

Tickets for the Sunday lecture are on sale at Tick-etmaster.

• KRISTA SYLVESTER

COURTESY UNIVERSITY OF CALGARY



No one hurt in drive-by shooting

Police are looking for suspects after a drive-by shooting in Calgary's northeast early yesterday morning.

A resident called police after shots were fired in the 4600 block of Maryvale Drive NE in the Marlborough area just after 1 a.m. Police found two bullet holes in the front window of a home and bullet casings scattered on the street. Nobody was injured in the shooting, which police say was targeted.

• METRO CALGARY



► Naheed Nenshi celebrates his electoral victory Monday night among hundreds of young Calgarians.

Rocking the youth vote

► Voter turnout on Monday was nearly 54 per cent ► Advance polling on campus allowed more students to vote: U of C student union VP



KATIE TURNER
CALGARY@METRONEWS.CA

Many are crediting the youth vote for the dramatic increase in voter turnout during this week's municipal election.

Hardave Birk said he noticed students were hyper-engaged for this election.

Birk, vice-president external for the University of Calgary's students' union, said there were a number

of factors that contributed to student engagement.

"We really tried to get the information out there as much as possible," he said. Birk also said many students realized the election issues such as transportation, parking and housing affect them as well.

"I think students really do care, and they're starting to understand those issues are all municipal issues," said Birk.

Ros Doo of Youth Central

said even those below the eligible voting age were engaged.

As part of their Youth Can Vote campaign, Youth Central polled more than 6,000 students for a mock election day.

"They were standing in line talking about the airport tunnel, and these kids are 11," she said.

"I really hope that that sort of responsibility and that understanding of what's happening in the community carries on."

Volunteering

- Birk said student volunteers could have contributed to Naheed Nenshi's success.
- "I definitely think youth played a role in his election, from not only voting but to also helping him get his message out as volunteers," said Birk.
- The University of Calgary had five days of advance polling.

1
news



News on the move

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Allan Small on where to invest if you want to catch companies late to the market rebound party. More at metronews.ca/investing

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NORTHWEST CALGARY

Police investigate indecent exposure incidents

Police are investigating whether four indecent exposure acts in the city's northwest over two days could be connected.

In the first incident on Monday, a young girl

was in Ranchlands when a man was watching her and reportedly urinating.

Another incident occurred in Dalhousie where two children were playing and a man exposed himself.

Another complaint of a man exposing himself in Ranchlands surfaced later that day as well as a complaint of a man watching children in the same area.

Police believe the suspect is Caucasian, possibly in his 20s to 30s, and wearing glasses.

• METRO CALGARY

Missing teenager found

A 15-year-old reported missing in the city on Tuesday has been located.

Donald L'Heureux-Eagle is safe and has been returned to his family.

The police service thanks the public for their assistance in locating the teen.

• METRO CALGARY

Driver hits Smiley's restaurant

A driver backed into the Smiley's restaurant in Strathmore after experiencing apparent mechanical difficulties, RCMP say. No one in the car was hurt, but the driver was charged with operating a vehicle with equipment not in good working order.

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SAIT alumni donate \$10M for new complex

► Addition will allow 8,100 to attend SAIT annually ► Complex expected to be complete in 2012

The announcement of a \$10-million donation to SAIT Polytechnic made by two alumni yesterday was met by balloons dropping and loud cheers from students and staff.

David Johnson and Murray Cobbe, both graduates of the petroleum engineering program, donated \$5 million each to be used towards SAIT's Promising Futures Campaign.

"To me, SAIT was a huge part of my life and my education and I just see this as a tremendous place where people learn how to go forward if you give them a chance," said Cobbe.

Johnson said the addition of the new 740,000-square-foot complex will allow SAIT to accept more students, which will in turn benefit the province.

"I've got to witness

Addition

- The west wing of the new Trades and Technology Complex will be named the Johnson-Cobbe Energy Centre.
- Construction is already underway.

what's going on, I've witnessed how strong the passion is for this project," said Johnson. "It's huge for the entire province, certainly the oilsands play a huge part in hiring."

SAIT president and CEO Irene Lewis said the donation is especially significant coming from alumni.

"It allows the students to understand that these are live human beings who are graduates who became very successful," she said.

• KATIE TURNER



► SAIT president and CEO Irene Lewis, centre, accepted a \$10-million donation yesterday from Murray Cobbe, left, and David Johnson.

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News in brief


Stelmach pledges more for homeless

FUNDING. Premier Ed Stelmach continued the province's commitment to ending homelessness in Calgary, with a funding announcement at a city event.

Stelmach pledged \$1,034 million to city organizations that will help fund and support 50 to 60 of Calgary's homeless at Ed's House Warming Party, an annual fundraising event for the

Calgary Homeless Foundation.

"Through our provincial 10-year plan to end homelessness, we encourage partnerships that reflect the Housing First approach of providing permanent housing with support services," said Stelmach.

• METRO CALGARY

Fire, animal welfare officials called

FIRE. The Calgary Fire Department was called to an acreage at 170 Avenue and 53 Street SW and found a makeshift burn pit with an active, unsupervised and unpermitted fire, they said. Upon further inspection of the site, they called in Alberta Environment, Calgary police and the Calgary Humane Society to investigate further, including the welfare of the animals onsite. • METRO CALGARY



For more news, visit us online at metronews.ca

You'll be fined: No idle threat at U of C

► **Calgary campus will begin ban on idling** ► **Fine will be given to those who idle for more than three minutes**



KATIE TURNER

CALGARY@METRONEWS.CA

To further reduce greenhouse gas emissions, the University of Calgary announced yesterday that it will soon be idle-free.

Beginning in January, the U of C will institute a campus-wide idling ban on all vehicles.

"The idle-free initiative is one of the many steps within our Climate Action Plan that helps us to be able to move forward in tangible ways with emissions reductions," said Joanne Perdue, director of sustainability at the university.

"It allows everyone, individuals on campus to step up and help make that



► Joanne Perdue of the U of C's sustainability program wants to see an end to idling cars on campus.

change," she said.

Manager of grounds and motor pool, Doug Wilson, said they are currently in the process of educating students and staff on the idling ban.

"Parking services in Jan-

uary 2011 will have the ability to issue citations for infractions of idling for more than three minutes," he said, adding the fine will likely be minimal.

Perdue said she hopes this initiative will encour-

Funding projects

- The money collected from idling fines will go towards other transportation initiatives.
- One of those projects will be placing new, secure bike lockers on campus, said Perdue.
- U of C fleet of cars burns 440 metric tones of greenhouse gas annually, according to Doug Wilson.
- Exceptions will be made when the ambient temperature is below -10 C or if there are animals in the vehicle.

age other institutions around the city to follow suit.

"We have set a goal as an institution to be a North American leader in campus sustainability and we're aggressively working towards that."

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Health charter not binding

► Patients would have responsibilities under the proposed document ► They would be expected to make healthy choices

Alberta's health minister says he's bringing in a patients' charter that commits the province to ensuring everyone gets timely care as part of a sweeping overhaul of legislation.

But anyone seeking redress under such a charter can't go to court.

"Albertans want to see some results right now, so we are taking action," Health Minister Gene Zwozdesky said yesterday, as he announced he has accepted 15 panel recom-

mendations that will form the basis of a revised Alberta Health Act.

Critics were quick to label the proposal misguided navel-gazing from a government that doesn't know how to solve front-line health problems such as long surgery wait lists, overcrowded emergency rooms and bed shortages.

The changes will be introduced — and are expected to be passed — in a bill in the fall session of the legislature, which begins Monday.

The revised act will streamline various pieces of legislation, some of which have regulations that conflict with one another, and is aimed at making sure Albertans have a say in how the system is run.

The central proposal is the charter, which would stipulate that patients have a right to expect timely access to care, access to information and have the right to complain without fear of retribution. **THE CANADIAN PRESS**

Grievance

Those who seek redress on a grievance could go through numerous channels, including a health advocate who Zwozdesky also said will be part of the changes. But the final say would still rest with the government.

► Other side responds
Opposition Alberta Liberal health critic Kevin Taft labelled the charter idea "vacant."



► Alberta Health Minister Gene Zwozdesky is bringing in a patients' charter and a public advocate as part of an overhaul of health rules. Critics, however, say the proposed changes to the Alberta Health Act are toothless and misleading.

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Col. Williams is 'pure evil', says victim's brother

► Family applauds after Andy Lloyd's speech to court

Col. Russell Williams is being described as "evil, pure evil."

Those words are from Andy Lloyd, whose sister Jessica was raped and murdered by Williams.

In delivering his victim impact statement to a Belleville, Ont., courtroom, Lloyd said his father — who spent 25 years in the navy — would have been "mortified" to learn that his daughter's killer was a military commander.

Lloyd's father died of cancer when she was 14, some 13 years before Williams took the woman captive, raped her repeatedly, and murdered her earlier this year.

The whole side of the

Apology

► In a handwritten letter penned just after confessing his crimes to police, Williams apologized to Lloyd's mother. Williams wrote that Lloyd loved her mother very much, adding he knows because she "told me so again and again."

courtroom where the family sat broke out in applause after Andy Lloyd left the witness stand.

Williams has been convicted of two counts of first-degree murder in the killings of Lloyd, 27, and Cpl. Marie-France Comeau, 37, and dozens of other charges, including

sexual assaults.

Police formed a human barrier between Williams and Lloyd's loved ones as they came forward to deliver victim impact statements. Many refused to take the chair provided for them, instead standing and facing Williams directly.

Two even challenged Williams to lift his bowed head and look at them — which he did, eliciting a gasp from those in court.

One woman, Lisa, who described herself as Lloyd's best friend, said Williams's monstrous acts caused her to question her faith in the military and God.

"I hope he rots," said another friend of Lloyd's.

THE CANADIAN PRESS

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Photo courtesy of Julian Fabre. Metro Photo Challenge Local Finalist 2009.

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KHALID TANVEER/THE ASSOCIATED PRESS



Two brides, one groom

Pakistani herbal medicine practitioner Azhar Haidri, 23, has married two women in 24 hours, gaining worldwide attention for his novel solution to a dilemma over wedding the woman he loves or going ahead with the marriage his family arranged. Both women think the compromise is good and they plan to live as sisters and friends.

Facebook gives your ex the brush-off

Lovelorn Facebook users have won the sympathy of the site's administrators and will no longer have to confront an unwanted photo of an ex when they open up their profile.

A Facebook feature called Photo Memories occasionally flashes pictures of friends and family on a user's profile.

Problem is, some users were subjected to photos of old flames and former spouses. Others were surprised to see photos of friends who've died.

A Facebook group called I HATE PHOTO MEMORIES has attracted more than 600 members.

Product manager Sam Odio has told users that Facebook is "listening to your feedback."

"The Photo Memories product no longer shows tagged photos of your friends if you were previously in a relationship with them," he said.

THE CANADIAN PRESS



Healthcare has exciting, rewarding and flexible career opportunities to fit your lifestyle. SAIT Polytechnic's School of Health and Public Safety is offering the following fast-track programs for January 2011.

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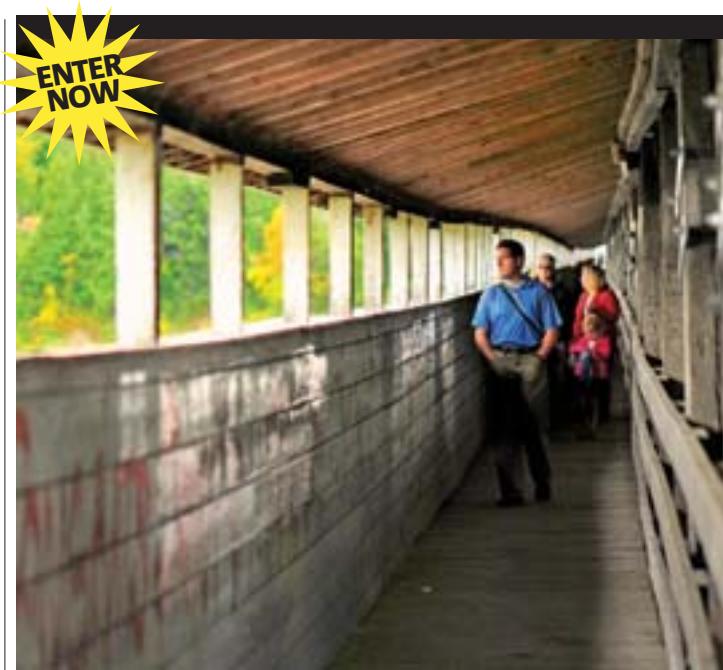
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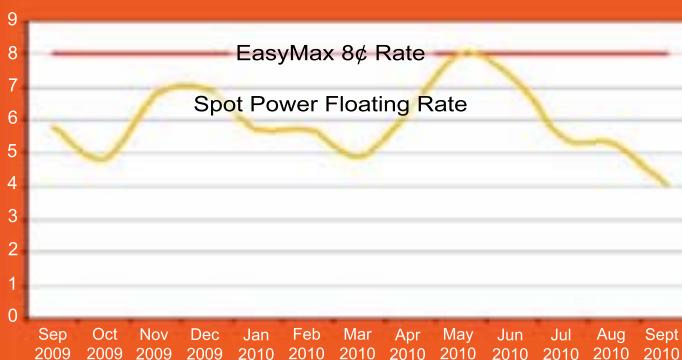
ASO_PIA

A walk to remember

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► Apple CEO Steve Jobs talks about the Apple new iLife at Apple headquarters, yesterday.

TONY AVELAR/THE ASSOCIATED PRESS

How do you like them Apples?

Apple CEO Steve Jobs unveiled the new MacBook Air ultralight laptops and offered a few glimpses of Apple's new Mac operating system software at Apple headquarters yesterday. Apple also announced a new version of its operating system, called Mac OS X Lion, that will include a store for Mac software. It's similar to the iTunes store that sells apps for iPhone, iPod Touch and iPad.

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► Mark Carney

147% The bank sees dangerous distortions building in the Canadian economy and the ratio of debt to disposable income among households has now reached 147 per cent.

► Canadian economy had worst quarter since recession

► But head of Bank of Canada says he's not worried

The Canadian economy likely suffered the worst quarter since the recession during the summer months and still faces risks ranging from a global currency war to a collapse in the housing market, the Bank of Canada said yesterday.

The bank's latest quarterly outlook estimates the Canadian economy advanced at a snail's pace — 1.6 per cent — during the third quarter, following gains of two per cent in

the second quarter and 5.8 per cent in the first quarter.

That's even slower than the troubled United States, which likely advanced by 2.3 per cent in the July-September months.

But the head of Canada's central bank said he's not overly concerned about slow summer growth or comparisons with the United States which he said is in far weaker shape and has farther to go to return to pre-recession levels.

"I wouldn't obsess about the third quarter," Bank of Canada governor Mark Carney told reporters in a briefing.

Canada's employment has returned to pre-recession levels, while the United States still has 20 per cent fewer people working than before the downturn, he said.

He added that domestic demand in Canada has risen faster than in the U.S. and that's expected to continue through the entire forecast period.

THE CANADIAN PRESS

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PARENTS CAN BE FACEBOOK FRIENDS

He says ...

JOHN MAZEROLLE



I'm in a relationship with my parents and it's complicated.

There comes a time in the lives of all children when they must deal with a delicate question about their parents: Confirm, or Ignore? My parents sat in Facebook limbo for years, the two-headed profile "MargieBob" stuck on my page like the bad guys from Superman II trapped in the 2-D prison.

But recently I decided that my real-life friendship with my parents must be worth a virtual friendship.

I decided that when people look back on their lives, they regret what they didn't do, not

what they've done.

And I decided that I needed a column topic.

So I accepted their request and Facebook announced to the world that, after 34 years, I am now friends with my parents.

So far, so good. They haven't done anything embarrassing yet, like posting naked baby pictures of me on my wall, or showing up in Yoville trying to be cool.

I did have to label one video NSFMP (Not Safe For My Parents), but that's it so far.

In reality, my parents were never what was holding me back. I was embarrassed about my "friends."

It's a familiar story for me. When I was in my early teens, my dad once asked if I wanted to play tennis with him. I said yes, but then I saw my "friends" were at the court. Their idea of a good

time was getting the best loogie built up by smoking cigarettes and eating Oreos.

I was in the suburbs of a small city. Friendship was geography.

So I told my dad I didn't want to play because my friends

were there and — children don't forget this stuff — Dad got choked up.

Now, 20 years later, geography is no boundary to friendship. Nor, as any computer user knows, does actual friendship bear any

relation to Facebook friendship.

But to hell with it. Family members, friends, fools, and frenemies, they're all "friends" now. Those Seinfeld episodes where Jerry or George worry about the "two worlds" colliding seem hopelessly out of date. We're all in the same world now.

I'm happy to have Mom and Dad in that group.

Amidst all the self-promotion, self-flagellation, and self-love in the status updates, my parents are the rarest of Facebook users: They're happy.

"Ain't life grand!" was a recent update. In future, MargieBob, I'd appreciate an NSFC (Not Safe For Cynics). Thanks.



Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER



Cold nixes fashion sense

Letters & Tweets

We asked: How early is too early for a toque?

TORONTO. There's no such thing as "too early." If you're cold, worry less about being seasonally appropriate and just put one on. If people would accept this simple solution, we'd have less unpleasant scenes like the one I overheard in a gas station the other day, with an older man in a lightweight windbreaker screaming at an overworked cashier who was operating two registers and dealing with multiple customers for not ringing up his gas fast enough because it was cold outside.

Raise your toque



To Angry Windbreaker Man: A toque would cost you less money than you spent on gas and unlike your car would probably make you a bit less loathsome.

KATHY BIBSON

@kelstabulous it is never too early for a toque.

@deadlytoque I had frostbite on my ears 12

years ago, & they never recovered.

I wear a toque whenever the temp goes under 10, or they hurt.

TORONTO There's no such thing as too early for a toque, in my opinion. They're cute and stylish, especially those well-designed ones. Fall, winter, spring. Why not?

JHOBELL KRISTYL

Do cities really need a mayor?

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Metro Minute at Stride Art Gallery

Got a minute to spare today in Calgary? If you're in the downtown area, stroll through the Stride Art Gallery located in +15 at the Epcor Centre For The Performing Arts.

The gallery is currently featuring Vancouver artist Angela Gooliaff's Artificial Awe. Gooliaff has created sculptural flower installations and placed them in

unusual settings.

The installation will be featured in the gallery until Nov. 25 when the closing reception will take place.

Stride is open to the public from 11 a.m. to 5 p.m., Tuesday through Saturday.

Admission to the gallery is free and all are welcome.

• KATIE TURNER



► The Stride Art Gallery is featuring Vancouver artist Angela Gooliaff's Artificial Awe until Nov. 25.

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News in brief



Actor David Arquette is lending his quirky star power to the campaign against a November ballot measure that would suspend California's greenhouse gas emissions law.

Arquette appeared in Sacramento on Tuesday to promote a series of online videos opposing Proposition 23. Oil companies have donated the bulk of the money to support Prop 23.

THE ASSOCIATED PRESS



Mrs. Brady bucks the ballroom: Reluctant Florence Henderson leaves Dancing With the Stars

Longoria's perfume about confidence



HEATHER
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SCENE@METRONEWS.CA

She shot to stardom six years ago when the hit TV show *Desperate Housewives* — in which she plays the hilariously vain and materialistic Gabrielle Solis — first premiered, and Eva Longoria Parker hasn't looked back since.

Aside from acting, Longoria Parker has ventured into producing and directing, serves as the international spokesperson for L'Oréal Paris and is actively involved in numerous charities.

Her most recent endeavor, a year in the making, is the creation of her signature fragrance Eva by Eva Longoria.

While in Toronto recently to launch her eponymous perfume, the 35-year-old beauty sat down with Metro to chat about how the scent came about, what the future holds for her and the importance of giving back.

Why did you create this fragrance?

I was always allergic to perfume and could never wear it.

I always felt they were too overpowering and I just wanted something that was easy to wear — something light and fresh and clean.

I wanted to create a scent for myself. Then I found out that a lot of women felt that way.

What do you hope to offer women with your perfume?

I hope that they wear it and they feel sexy and confident. I find if you smell good, you carry yourself in a different way. Scent is an intense emotional connection.

What do you find most gratifying about your role on *Desperate Housewives*?

I love that it was a groundbreaking show with four female leads — three over 40 — dealing with universal themes of the modern woman: Marriage, divorce, dating, children.

What haven't you tackled yet professionally that would still love to?

Oh god, everything. I feel like I haven't even tapped into the success I'm supposed to have. I think the best is yet to come, whether it's producing or directing or acting. I just think my best project has yet to be discovered.

You are involved in a lot of charities. Was being charitably active something that was instilled in you by your parents?

Yes, I have a special needs sister. That's why I created Eva's Heroes (in San Antonio, Texas). Early on I was introduced to volunteerism from my mom and aunts.

That was a big thing in my family, to always give back. I thought that was the way everybody was.

I didn't realize that was an anomaly.



► Eva Longoria Parker poses in The Perfume Shop to promote the UK launch of her new fragrance Eva held at Westfield on September 5, 2010 in London, England.



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Album reviews

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Bland rock falls short

Kings of Leon

Album: Come Around Sundown

Label: RCA/Sony Music

•½

No matter how hard I've tried, I've never been able to figure out why people get so excited about the Kings of Leon. The band hasn't released one interesting record in their seven-year career (cue the hate mail); their albums have always felt half-cocked and their airy "atmospherics" make them more of America's Coldplay than the more interesting indie rock bands they've been compared to. Despite that, I had hoped this record would prove me wrong, that there was



something about the album worth shelling out \$15 bucks for. I was wrong. Come Around Sundown is, without a doubt, their worst record. First of all it's incredibly boring. The entire record features sluggish, overwrought tunes that are slow and vacuous enough to put any insomniac to sleep. It's almost pointless to scrutinize one song since they're all as

frustratingly bland as the next. The band are obviously trying to recreate the success they had with their huge hit Use Somebody, and if that was their goal they succeeded with flying colours — these songs are just as sleepy and vapid as that track was.

Outstanding track: Radioactive

• BRYAN BORZYKOWSKI

Sugarland

Album: The Incredible Machine

Label: Mercury

•½

We have a winner for most obnoxious song of the year: Sugarland's

Stuck Like Glue. The repetitive bubble gum pop chorus, the teen movie opening verse and the incredibly misguided faux-reggae breakdown sounds a lot like running fingernails down a chalk-

board. The rest of the record's no better. Opener All We Are's big rock riffs, soaring vocals and classic rock shouts are made for big audiences.

Outstanding track: All We Are • BRYAN BORZYKOWSKI

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No wedding bells yet for Matt & Rihanna

► Superstar couple are happy together, but not looking to take that next step at the moment ► Singer says she is only 22 and not ready for marriage

Rihanna is definitely happy with baseball player boyfriend Matt Kemp, but that doesn't mean she's planning a trip down the aisle anytime soon.

"I'm only 22!" she tells OK! Magazine. "I've heard the word marriage 400 times in the past few days, but no I'm not ready for that yet."

The lack of wedding plans isn't due to fear, though, she insists.

"If I was scared to do something wrong I wouldn't be where I am today," she says.



► Singer Rihanna and baseball player Matt Kemp aren't heading down the aisle anytime soon.

"To remember that every day I got a tattoo of

ure always a lesson' mirror-inverted under my collarbone. Now I can

read that sentence every day in the mirror."

• METRO

Lohan's dad denied visit

Michael Lohan tried to visit daughter Lindsay Lohan at the Betty Ford Center for "Family Week," but was turned away, according to TMZ.

But he's not giving up, he insists. "I am not giving up on anything," Michael says. "I am certainly not giving up on Lindsay or my kids."

Michael insists his ex-wife, Dina Lohan, is the one trying to keep him away from their daughter.

• METRO

Arquette, Cox trying to shield daughter

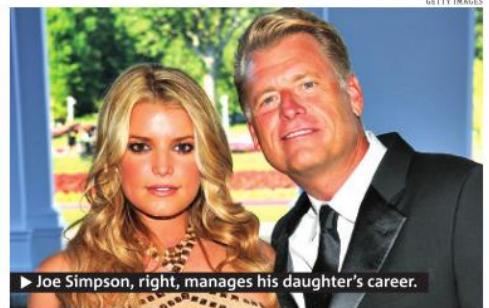
Despite their separation, Courteney Cox and David Arquette put on a united front for daughter Coco's horse show at the Malibu Equestrian Center, according to Us Weekly.

"David would wrap his arm around her, and Courteney rubbed his back," a source said. "The thing they care most about is Coco. ... They don't want to do anything to hurt her."

• METRO



► Courtney Cox and David Arquette are trying to keep things as normal as possible for their daughter.



► Joe Simpson, right, manages his daughter's career.

Will Jessica fire her dad?

Jessica Simpson loves her dad, Joe Simpson, but she may be looking to let him go as her manager, according to Popeater.

"Jess is really talented, it's clear that what's holding her career back is her father," a source says. "Joe is impossible to work with and makes terrible decisions that poor Jessica has to put up with. Now, both music and movie people are telling her she needs to

let him go."

But whether it's because of the family connection or Jessica's gentle nature, she reportedly can't bring herself to do the deed.

"Jess knows how much Joe loves being a manager," the source says. "His entire identity is about being her manager, plus he has made a lot of money from her at the same time."

• METRO

Celebrity tweets



Conan O'Brien
[@ConanOBrien]

The worst part of riding in a blimp: No bathrooms. The best part: Windows that open.



Heidi Montag
[@heidimontag]

Today I am going to get into college football



Nick Cannon
[@NickCannon]

A role is something you play. Life is real. So no, I'm not a role model I'm a REAL model!



Juliette Lewis
[@JulietteLewis]

Wel come to Awesome town! Population.. Us!

• METRO

Carey to sexy up pregnancy

Possibly-pregnant Mariah Carey reportedly isn't thrilled with the options she's seen in maternity clothes, so she's making her own, according to the National Enquirer.

"She said pregnancy is an incredibly special time

in a woman's life and that she was disappointed in the lack of styles for expectant mothers," a source says.

Carey's solution is to launch a line of sexier maternity clothing with designer Linda Stokes.

• METRO

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Cougar boots



Cougar, the Canadian shoe company whose winter boots have been worn by countless Canucks, is back—with a new and fashionable twist. The winter boot, which has kept Canadian feet warm since 1948, has a new line. The Cougar collection features everything from classic, riding inspired rubber rain boots to a faux-fur trimmed lace-up puffer boot. Visit cougarshoes.com to see the complete collection and for information on retailers. **METRO**



Girl power: Flirty, feminine, romantic looks rule runway during LG Fashion Week



From Canada's Catwalk

From Blue Lagoon to a '70s vibe, intricate knitwear to flirty and feminine, LG Fashion Week unveils a runway mix that will soon be the standard across Canada.

1 PINK TARTAN

Pink Tartan put a groovy spin on its classic glamorous looks in a new spring-summer collection channelling retro-era sophistication and a '70s vibe. The latest offerings from designer Kimberley Newport-Mimran evoked a laid-back glam, notably in the form of lush, fluid dresses. Caftan-style, one-shoulder striped creations fastened with a gold buckle rippled effortlessly as models walked down the

runway, as did a succession of pocketed, free-flowing numbers, mostly halter-style, with plunging necklines. Wardrobe separates appeared comfortable and easy to wear. Floor-skimming, cigarette-slim flared pants reminiscent of bell-bottoms and strapless jumpsuits lent a contemporary touch to classic looks of the disco era, as did wide lapels framing slinky blouses and jackets.

2 ANGELA CHEN

With images of crashing waves projected onto a big screen, Angela Chen captured the dreaminess of the sand and surf with her island-inspired collection. Inspired by The Blue La-

goon and its then up-and-coming star, Brooke Shields, the designer revealed a series of ethereal, romantic separates under her retitled Or label.

There was playfulness and delicacy in the collection, which featured mostly free-form, fluid pieces amid more body-hugging creations. Slender-cut key-hole-cutout tanks, pencil skirts and cigarette-slim pants with draped pockets transitioned effortlessly to more loose-fitting designs. Slinky shortall spaghetti-strap jumpsuits and strapless sweetheart or floor-skimming pocketed maxi dresses were among the looks.

3 LINE

Design duo John Muscat

and Jennifer Wells served up a sensual showcase of knitwear and slinky separates from their label Line

Rather than the cozy cardigans and chunky vests often associated with knitted creations, Line's body-hugging tops are laden with sex appeal and typically contrasted with looser-fitting bottoms.

The collection has a mostly neutral colour palette with infusions of burnt orange, dusty rose, peach, pale pink and olive hues.

4 LOVAS

For ladies looking for the go-to new number to take them on the cocktail circuit or to a more casual shindig, flirty, feminine

party frocks were in full force in the latest looks featured by Lovas.

The spring/summer collection from designer Wesley Badanjak boasted a wide range of stylish frocks steeped in rich hues, including fuchsia and lemon yellow alongside charcoal and silver.

Whether it was a strapless or spaghetti-style number, tiered mini or a one-shouldered, asymmetrical jersey creation, the collection offered a wide breadth of mostly body-conscious dresses.

Frocks with ruffled collars offered a playful contrast to more sophisticated offerings, like shimmering silver sequined creations accented by a sash.

THE CANADIAN PRESS



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Celebrating 25 years of Hilfiger's styles

He's rocked and he's rolled — and Tommy Hilfiger has done it for more than 25 years.

Hilfiger is marking 25 years of his namesake brand this fall, celebrating with a splashy show during Fashion Week, tailgate parties and anniversary products, but his career is, in fact, longer than that: He's had a fashion gig since high school when he decided Elmira, N.Y., needed a denim store to keep up with the 1960s rock-star trends.

He opened People's Place catering to the local college crowd and everyone headed to Woodstock, and took out ads in the local newspaper boasting the best bell-bottoms and red fox jackets for "foxy" ladies. He'd promote sales as "savings for swingers."

"I wanted to build a business around all this pop culture," says Hilfiger, who ticks off music, movies, celebrity and art



► Classic Tommy Hilfiger

as the long-term common threads in his signature look that has evolved through phases of hippie, preppy, Americana and glitzy influences. Moving with the times doesn't make him or his brand in-

consistent, says Hilfiger. On the contrary, he explains, it gives his collection and its customers an interesting, vibrant lifestyle that adopts more than just one esthetic.

THE ASSOCIATED PRESS



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Striking a balance between work, home

► Your home office should be both efficient and attractive

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Whether it's a dedicated room to run a full-time business or simply a small desk in the corner of a bedroom to pay bills; almost everyone has some form of work space within their home these days. What's important is that the space works efficiently for your work needs and that it blends with your home's decor. Here's a few tips and ideas that will help you set up a work space that efficient, yet attrac-

home visit

Do you invite clients into your home?

- Keep an attractive, clutter entrance; a mat for boots, a holder for umbrellas, a decorative hook for coats and an area for brief cases and bags will suffice.
- Consider using your dining room table as a conference table.
- Don't invite work clients

tructive:

Space needed: If you are a writer or computer gaming wizard then perhaps a comfortable chair and a laptop located in an airy space will work best. If you are a life coach then a separate bedroom-turned-

into your kitchen, family room or bedrooms; they are not conducive to a professional environment and clients can become distracted or uncomfortable.

- Consider using the party room or meeting facility in your condo or apartment building. They are often unused and will create a less cluttered, less personal environment to entertain clients.

office may fit the bill.

It's all in the timing: If you do your best work late at night, then keep a home office set up away from your bedroom and living room where you might be tempted to work in your bed or curled up on the sofa with the television on.

The dining room, stairwell landing or attic are great areas that are removed from the comfort areas and will help to keep you focused.

Storage: Will a two-drawer file cabinet help to keep your paper trail at bay or do you need shelving and cabinets for art supplies and samples? Consider using everyday home items to help keep your supplies hidden away; an ottoman or bench seat with storage or the bottom storage of a china cabinet are great hiding spots. I once slip-covered a filing cabinet with beautiful fabric and added a glass top; it acted as an elegant night table in my bedroom and nobody ever knew.



► A free-standing office armoire keeps equipment and supplies neat and tidy.



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Check furnace before heating season

The old adage "if it isn't broken, don't fix it" does not apply when it comes to your household heating system.

Like a car, your furnace is a running machine that needs regular tune-ups to ensure its efficiency and longevity.

A clean, well-adjusted heating system will save you money on fuel and will prolong furnace life. The cost of annual servicing is modest, especially when compared with the price of a new furnace.

There is some maintenance that homeowners can undertake themselves, such as the cleaning and replacing of filters.

To ensure safe and efficient operation of a heating system, however, homeowners should have their furnace inspected and cleaned annually by a qualified service technician.

Homeowners searching for a qualified heating contractor in their area can access a user-friendly website, hrai.ca or call toll-free at 1-877-467-HRAI.

The website lists contractor members of the Heating, Refrigeration and Air Conditioning Institute of Canada (HRAI), a national trade association.

Inspections performed by a licensed technician should include the following elements:

- A safety test for carbon monoxide (CO)
- Checking for hazardous debris in the chimney and flue
- Cleaning of air filters and re-installing
- Checking operation of thermostat and safety controls
- Checking gas pilot safety system and cleaning as required
- Cleaning the motor and fan
- Checking the blower operation
- Checking condition, tension and alignment of fan belt, and performing required adjustments (on older systems).

NEWS CANADA



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Home safety checklist

From the kitchen to the garage, fall is the perfect time to conduct a household safety assessment. Here's an essential checklist to keep your family safe.

Fall is a perfect time to examine your home for fire and other hazards, and conducting a safety assessment will ensure you're taking all of the necessary precautions. From kitchen to garage, The Home Depot Canada shares its home safety checklist to help keep Canadian families safe:

Set the alarm — Every level of the home should have a smoke detector and they should be placed as close to the bedrooms as possible. When installing a smoke detector, consider one operated by a lithium battery, as these batteries last up to 10 years. Test your alarms once a year and replace the batteries when needed.

Prevent invisible threats — Install a carbon

monoxide detector on every floor and especially near bedrooms so you can be alerted if this gas is present. Look for the CSA 6.19-01 blue flame stamp to ensure they are certified to the latest technology. Like smoke detectors, carbon monoxide detectors need to be tested regularly. They should also be replaced every five to seven years.

Reduce yard hazards — More combustible trees such as pine and spruce should be kept at a distance from your home. By limiting evergreens and making sure these trees and shrubs are planted at least 10 metres from your home and 3-6 metres apart can prevent fire from spreading. Also keep wood-piles at a safe distance to reduce fuel for fires.

Light it right — Examine all light fixtures and make sure the light bulbs meet the recommended wattage requirements for your lamps and lighting fixtures. The wattage should be indicated on the light fixture or in the instruction manual.

Be emergency prepared — In case of small fires, a high-rated fire extinguisher is essential for every 600 feet of space in your home. There are three basic classes of fire extinguishers (A, B and C) that are effective at protecting against different types of fires, as well as multi-purpose extinguishers to protect against all three. Know how to operate and maintain your fire extinguishers and install them within reach and in an upright position.

NEWS CANADA



► A fire extinguisher is essential for every 600 feet of space in your home.



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How to make an entrance

HOMES IN STYLE

HEATHER BUCHAN
HOMEO@METRONEWS.CA

An entryway is the gateway to your home; the very first place your guests — you and your guests — see after walking through the front door. So don't make your front foyer an afterthought.

"First impressions are important," says Cobi Ladner, leading Canadian lifestyle authority and creator of cobystyle.com, adding that it doesn't take much to create an inviting entryway that's big on style and practical too.

Because foyers are generally smaller spaces, decorating them is often more about the walls and lighting than furnishings, explains Ladner. "I encourage people to be a bit

playful with their entryways when it comes to the colour scheme," says Ladner. "It's a fun place to try something you may not want in a larger space."

For those who want to make a bold statement, but aren't sure how to in such a small space, Ladner recommends choosing dramatic overhead lighting. "Opt for something really different or oversized, like a big

lantern, starburst or chandelier."

One item Ladner cautions against is a coat tree. "They often look good in the store, but when they're filled, they look messy," she says.

Cobi's Ladner's top five entryway must-haves:

1. A beautiful, durable doormat. "Something guests aren't afraid to stand on in wet boots."

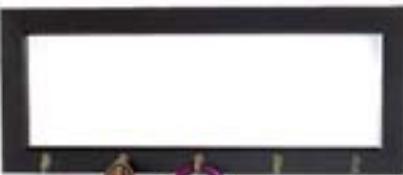
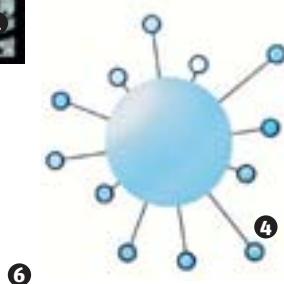
2. Adjustable lighting.

"Put your overhead light on a dimmer and it will be the best investment you make to your entryway."

3. A mirror. "I know I need one before I dash out the door."

4. An umbrella stand. "Practical and always looks great."

5. A personal touch. "Whether it's a painting, a wreath or a bowl, display something that shows who you are."



1 CANADIAN TIRE

\$19.99

One entryway must is a durable doormat and this sophisticated Multi Home Grey Doormat (2x3') made from recycled rubber with nylon flock is a contemporary choice that will keep your floor clean and dry; canadiantire.ca.

2 URBAN BARN, \$120

Hanging this Silver Circle Pendant Lamp made from laser-cut polypropylene in your entryway is a surefire way to make a dramatic, yet welcoming design statement; urbanbarn.com.

3 CRATE&BARREL

\$79.95

This Rattan Floor Vase makes a striking sculptural umbrella holder when placed in an entryway; crateandbarrel.com

4 IKEA \$29.99

This Figgjo Mirror adds a fun and whimsical element, while providing you the opportunity to make sure you look your best before you leave your home; ikea.ca.

5 IKEA \$47.99

This floating Ekby Alex Shelf with Drawer is a contemporary option for small spaces and provides two drawers to store keys, mail and other personal items as well as a surface for displaying photos or a vase of fresh flowers; ikea.ca.

6 URBAN BARN, \$499

For those with larger foyers, placing this Balboa Console (51" W x 16" D x 30" H), made from exotic Acacia wood, along a foyer wall provides a beautiful place to store everyday items; urbanbarn.com.

7 CANADIAN TIRE

\$29.99

For those lacking a front hall closet, this Walnut Pub Mirror (10" x 30") boasts five convenient brass hooks for hanging coats, scarves and other items; canadiantire.ca. ● METRO

Don't forget to check out the Calgary Public Library's **Small Business Fair Today!**

The Central Library • 616 Macleod Trail SE • 11:00 a.m. to 3:00 p.m.

CALGARY PUBLIC LIBRARY

Kensington wakes up to stylish sandwiches



► Chicken Panini Wrap

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► Wake Bistro lives up to its banner of fast, fresh and flavourful food

LUNCH RUSH

ANDREE LAU

FOOD@METRONEWS.CA

Converted from a gelato shop, cozy Wake Bistro has landed a daytime niche in the pedestrian-heavy Kensington neighbourhood.

Pesto aioli adds zing to a chicken panini wrap (\$8.95) stuffed with spinach and red onion. Strawberry mayo gives a sweet burst to the nice contrast of turkey and havarti (\$8.95) on multi-grain ciabatta.

A side of spinach salad comes with a tasty honey-lime dressing, bright strawberries and salty feta.

Too healthy? I recom-

mend skipping the salad and opting for hot wedges of steak fries.

Other sides (\$3) include homemade soup and Caesar salad with asiago cheese dressing.

On weekends, the menu expands to include crepes, French toast and omelettes for brunch. Wake also offers ice cream, cheesecake and daily dessert specials.

Friendly servers seem to be the kind that get to know regulars by name.

► **Wake Bistro**
 ► 207-10th St. N.W.
 ► 403-264-4425
 ► Hours of Operation: Tues - Fri 8 a.m. to 7 p.m., weekends 8 a.m. to 3 p.m.
 ► Rating: ***
 ► Price range: \$5.95 - \$13.95
 ► Reservations: No
 ► Licensed: No

Barley and Lentil Soup



Barley and Lentil Soup Preparation:

This soup makes a warming lunchtime treat for brown baggers.

1 In a soup pot, sauté onions and garlic in oil. Stir in ginger, paprika and turmeric and cook for 1 minute.

2 Stir in beef stock, tomatoes and barley; bring to a boil and simmer for 30 minutes.

3 Add remaining ingredients and simmer for about 15 minutes. Makes 6 servings.

THE CANADIAN PRESS

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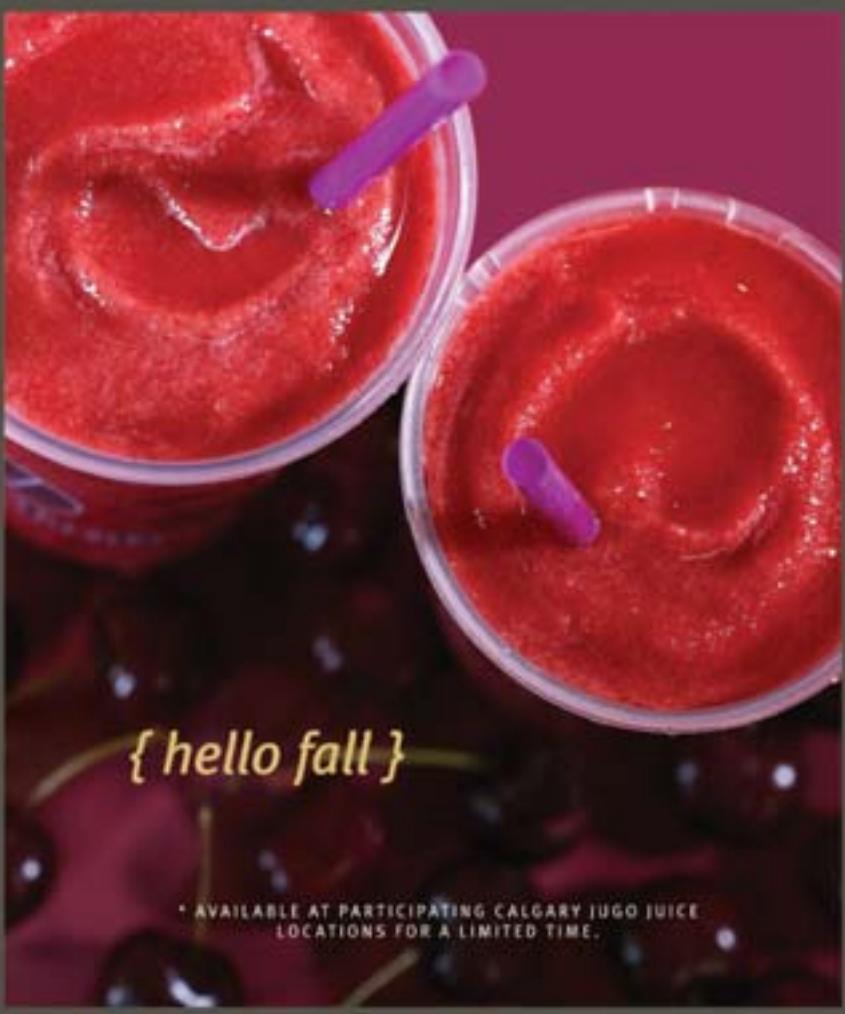
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4

sports

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Simpson's ready to go for Stamps

► After sitting out Sunday's game, linebacker set to lead defence again



The Calgary Stampeders' leader in sacks and tackles is ready to get back in the game.

Linebacker Juwan Simpson had to sit out Sunday's 34-26 win over the Roughriders in Regina because of a bruised knee.

That was difficult for him, but he is accustomed to biding his time. After two years filling in at the unfamiliar position at defensive end in Calgary, he's been a regular starter at linebacker and putting up solid numbers for the club.

After testing his leg yesterday, Simpson says he's ready to play against the visiting B.C. Lions tomorrow.



► Time: 8 p.m. Friday
Channel: TSN

row.

Simpson couldn't argue with the decision to sit him against the 'Riders.

"It hurt, but after thinking about it, the decision was made for my best interests," he said. "The way I'm feeling today, I think it was a good idea. I was able to

run around and it felt great."

The six-foot-three, 236-pound native of Decatur, Ala., leads the Stampeders in tackles (58) and sacks (7) and is tied with teammate Karl McCartney in special teams tackles with 17.

"Hard work and I've got great players around me too, and the coaching staff," was Simpson's explanation. "The players make it easier for me to go out and play, whether it's them doing their jobs or sending the ball my way for me to make the tackle. There's 12 men out there. I may have the numbers, but it's all 12 guys doing the job."

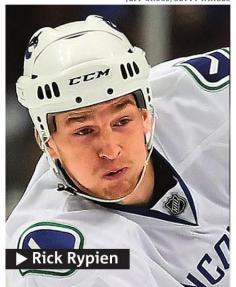
Lumsden's turn?

► With Karl McCartney (ribs) doubtful for Friday's game, Calgary head coach John Hufnagel says he's considering activating Canadian running back Jesse Lumsden from the practice roster for special teams duty.

Winnipeg's Phillip Hunt leads the league in sacks with 14, so Simpson is aiming for more.

"Seven's not enough," he said. "I'm not going to be happy if we talk three or four weeks from now and I'm still at seven."

THE CANADIAN PRESS



Canucks' Rypien suspended for fan incident

Rick Rypien is going to get a chance to explain his actions before the NHL determines how many games the Vancouver Canucks forward will sit out.

The league's decision to give Rypien an indefinite suspension yesterday only indicates that disciplinarian Colin Campbell believes a ban of six games or more might be appropriate after Rypien grabbed a 28-year-old fan named James Engquist in Minnesota a night earlier.

First, Rypien will be given his day in court. And the league isn't required to come down hard on him just because his hearing will be held in person.

"We'll let things unfold from here," Canucks coach Alain Vigneault said last night before the Canucks' game in Chicago. "I'm going to save my comments until after the league does their investigation and comes up with a decision."

According to Exhibit 8 of the collective bargaining agreement, Rypien can present evidence in support of his position when he sits down for a meeting with Campbell and representatives from the Canucks and NHL Players' Association.

The NHL will have no official comment until the matter is resolved. Rypien didn't speak with the media following Tuesday's game against the Wild.

The incident occurred while Rypien was on the way to the visiting dressing room after losing his cool during the second period and being assessed a double minor for roughing along with a 10-minute misconduct. On his way down the tunnel, Rypien briefly grabbed Engquist who was applauding at the railing.

Engquist told the Star Tribune of Minneapolis that he's "definitely seeking legal representation ... I was assaulted, that's just the bottom line." **THE CANADIAN PRESS**

Yankees keep season alive



Nick Swisher and Robinson Cano hit consecutive homers to build an early cushion, CC Sabathia made the lead stand up and the New York Yankees avoided elimination, beating the Texas Rangers 7-2 yesterday and closing within 3-2 in the AL championship series.

Sabathia bounced back

from an erratic opener, staying away from too much trouble against Josh Hamilton and Texas' big bats.

Rangers slugger Nelson Cruz made an early exit with hamstring trouble, a day after Yankees star Mark Teixeira was lost for the post-season with a hamstring injury.

Now the teams will return to Texas to decide the best-of-seven series.

When they resume tomorrow night, Phil Hughes starts for the defending World Series champion Yankees against Colby Lewis in a rematch of Game 2, won by Texas 7-2.

THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Toronto	5	4	0	1	0	17	11	9	2-0-1	2-0-0	4-1-0	L1
d-Tampa Bay	5	4	1	0	0	17	18	8	2-0-0	2-1-0	4-1-0	W1
d-NY Islanders	6	3	1	1	1	20	17	8	2-0-1	1-1-0	3-1-1	W2
Washington	6	4	2	0	0	18	14	8	3-1-0	1-1-0	4-2-0	L1
Pittsburgh	7	4	3	0	0	23	16	8	2-3-0	2-0-0	4-3-0	W3
Montreal	5	3	1	1	0	14	13	7	1-0-1	2-1-0	3-1-1	W2
Boston	4	3	1	0	0	12	7	6	0-1-0	3-0-0	3-1-0	W3
Carolina	5	3	2	0	0	14	14	6	1-0-0	2-2-0	3-2-0	W1
Atlanta	6	3	3	0	0	18	20	6	1-1-0	2-2-0	3-3-0	L1
Philadelphia	5	2	2	1	0	11	14	5	1-2-0	1-0-1	2-2-1	L2
Buffalo	7	2	4	1	0	16	19	5	0-3-1	1-2-0	2-4-1	W1
Florida	4	2	2	0	0	12	5	4	1-0-0	1-2-0	2-2-0	W2
NY Rangers	4	1	2	1	0	14	16	3	0-1-0	1-1-0	2-1-0	L3
Ottawa	6	1	4	1	0	12	21	3	1-1-0	0-3-1	1-4-1	L2
New Jersey	6	1	4	1	0	10	21	3	0-3-1	1-1-0	1-4-1	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Chicago	8	5	2	1	0	25	21	11	2-0-1	2-0-1	5-2-1	W4
d-Dallas	5	4	1	0	0	20	15	8	2-0-0	2-1-0	4-1-0	L1
d-Carolina	6	4	2	0	0	19	19	8	1-0-0	3-2-0	4-2-0	W1
Nashville	5	3	0	2	0	13	10	8	2-0-2	1-0-0	3-0-2	L2
Detroit	5	3	1	0	1	14	12	7	1-0-1	2-1-0	3-1-1	W1
Los Angeles	4	3	1	0	0	10	6	6	2-0-0	1-1-0	3-1-0	W2
Columbus	5	3	2	0	0	13	13	6	2-1-0	1-1-0	3-2-0	W2
Calgary	5	3	2	0	0	9	11	6	2-1-0	1-1-0	3-2-0	W2
St. Louis	5	2	1	1	1	14	12	6	2-0-0	0-1-1	2-1-1	L3
Vancouver	7	2	3	0	2	15	20	6	2-0-1	0-3-1	2-3-2	L2
Minnesota	5	2	2	0	1	16	13	5	2-2-0	0-0-1	2-2-0	W1
Anaheim	7	2	4	0	1	14	16	5	2-0-1	0-4-0	2-4-1	L1
Edmonton	4	2	2	0	0	12	11	4	2-0-4	0-2-0	2-2-0	L2
San Jose	4	1	2	1	0	9	4	3	1-2-0	0-0-1	2-1-0	L3
Phoenix	4	1	2	1	0	8	10	3	0-1-0	1-1-0	2-1-0	L3

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Buffalo 4	Atlanta 1	Washington at Boston, 7 p.m.
Columbus 3	Anaheim 1	N.Y. Rangers at Toronto, 7 p.m.
Chicago 2	Vancouver 1 (SO)	Anaheim at Philadelphia, 7 p.m.
Carolina at Los Angeles		Tonight's results
Calgary 1	Nashville 0 (OT)	Calgary at Nashville, 7:30 p.m.
Minnesota 6	Vancouver 2	Pittsburgh at Nashville, 8 p.m.
Boston 3	Washington 1	San Jose at Colorado, 9 p.m.
Carolina 5	San Jose 2	Minnesota at Edmonton, 9 p.m.
Tonight's games		Los Angeles at Phoenix, 10 p.m.
(All times Eastern)		

SCORING LEADERS

	Team	Player	Goals	Assists	Points
Hossa, Chi	Buffalo	Evander Kane	11	11	22
B.Richards, Dal	Atlanta	John Tavares	10	10	20
D.Sedin, Vcr	Calgary	Samuelsson, Miss.	9	9	18
S. Stamkos, TB	Carolina	Mike Cammalleri	9	9	18
H.Sedlin, Vcr	Edmonton	Mike Cammalleri	8	8	16
Sharp, Chi	Phoenix	Mike Cammalleri	8	8	16
Crosby, Pgh	Minnesota	Mike Cammalleri	8	8	16
Ovechkin, Wash	Boston	Mike Cammalleri	7	7	14
Cullen, Minn	Carolina	Mike Cammalleri	7	7	14
Getzlaf, Ana	Calgary	Mike Cammalleri	7	7	14
Kopecky, Chi	Atlanta	Mike Cammalleri	7	7	14
Liles, Col	Edmonton	Mike Cammalleri	7	7	14
Kessel, Tor	Carolina	Mike Cammalleri	7	7	14
C.Stewart, Col	Phoenix	Mike Cammalleri	7	7	14
Letestu, Pgh	Boston	Mike Cammalleri	7	7	14
Goligoski, Pgh	Carolina	Mike Cammalleri	7	7	14
Neal, Dal	Calgary	Mike Cammalleri	7	7	14
Martin, Pgh	Atlanta	Mike Cammalleri	7	7	14
Ribeiro, Dal	Edmonton	Mike Cammalleri	7	7	14
MacArthur, Tor	Carolina	Mike Cammalleri	7	7	14
Morrow, Dal	Phoenix	Mike Cammalleri	7	7	14
Roy, Buf	Boston	Mike Cammalleri	7	7	14
Bailey, NYI	Carolina	Mike Cammalleri	7	7	14
Comeau, NYI	Calgary	Mike Cammalleri	7	7	14
Horton, Bos	Atlanta	Mike Cammalleri	7	7	14
Perry, Ana	Edmonton	Mike Cammalleri	7	7	14
Downie, TB	Carolina	Mike Cammalleri	7	7	14
P.Kane, Chi	Calgary	Mike Cammalleri	7	7	14
M.Koivu, Minn	Atlanta	Mike Cammalleri	7	7	14
Malkin, Pgh	Edmonton	Mike Cammalleri	7	7	14
P.Stastny, Col	Carolina	Mike Cammalleri	7	7	14
Bertuzzi, Det	Calgary	Mike Cammalleri	7	7	14
Carlson, Wash	Atlanta	Mike Cammalleri	7	7	14
Krejci, Bos	Edmonton	Mike Cammalleri	7	7	14
Samuelsson, Vcr	Carolina	Mike Cammalleri	7	7	14
Eriksson, Dal	Calgary	Mike Cammalleri	7	7	14
Moore, TB	Atlanta	Mike Cammalleri	7	7	14
Sullivan, Nash	Edmonton	Mike Cammalleri	7	7	14
Laich, Wash	Carolina	Mike Cammalleri	7	7	14

COMMUNITY²

CONDOS FROM THE \$140S AND TOWNHOMES FROM THE \$240S

MLB

2010 POST-SEASON

LEAGUE CHAMPIONSHIP SERIES (BEST-OF-7)

AMERICAN LEAGUE

NEW YORK YANKEES — Removed 1B Mark Teixeira from the postseason roster. Added INF Eduardo Nunez to the postseason roster.

Yesterday's result

N.Y. Yankees 7 Texas 2

Tomorrow's game

N.Y. Yankees at Texas, 8:07 p.m.

NATIONAL LEAGUE

Philadelphia (E) vs. San Francisco (W) (San Francisco leads series 3-1)

Last night's result

San Francisco 6 Philadelphia 5

Tonight's game

Philadelphia at San Francisco, 7:57 p.m.

Saturday's game

x-San Francisco at Philadelphia, 3:57 or 7:57 p.m.

Sunday's game

x-San Francisco at Philadelphia, 7:57 p.m.

MINNESOTA TIMBERWOLVES — Requested waivers on G Jason Hart and F John Thomas. SAN ANTONIO SPURS — Exercised the fourth-year contract option on G George Hill.

DETROIT PISTONS — Requested waivers on G Vernon Hamilton and F Ike Diogu.

GOLDEN STATE WARRIORS — Waived G Aaron Miles.

ATLANTA HAWKS — Released F Evan Brock, G Richard Delk and F Ricardo Marsh.

DETROIT PISTONS — Requested waivers on G Vernon Hamilton and F Ike Diogu.

GOLDEN STATE WARRIORS — Waived G Aaron Miles.

INDIANAPOLIS COLTS — Suspended P Pat McAfee one game after his arrest for public intoxication on Wednesday. Placed DE Brandon King on injured reserve. Signed DE Tijan Robinson. Waived FB Matt Clapp from the practice squad.

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DETROIT LIONS — Released DB Dante Wesley and DB Paul Pratt.

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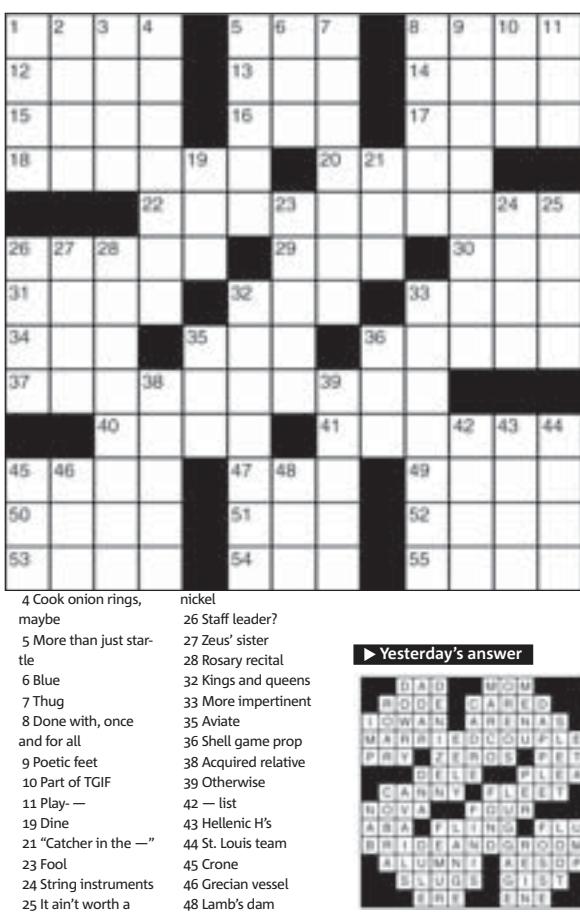
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Crossword

Across

1 Slender nail
5 Blond shade
8 Police action
12 Daily material
13 "7 Faces of Dr. —"
14 Grooving on
15 Shrek, e.g.
16 Commotion
17 Morse morsel
18 Paging device
20 Let gravity take
over
22 Game show
hosted by Steve Har-
vey
26 Board meeting
prop
29 Payable
30 Hit the slopes
31 Tax
32 Edge
33 Goblet feature
34 Prior to
35 Egg — yung
36 No longer fashion-
able
37 Michael J. Fox sit-
com
40 Novelist Seton
41 "Step on it!"
45 Throw hard
47 Writer Deighton
49 Title
50 Met melody
51 A pair
52 Cheese choice
53 Rodents do it
54 Nevertheless
55 Colonial sewer
Down
1 Amorphous mass
2 Anger
3 Farm fraction



4 Cook onion rings, maybe
5 More than just star-
tle
6 Blue
7 Thug
8 Done with, once
and for all
9 Poetic feet
10 Part of TGIF
11 Play —
19 Dine
21 "Catcher in the —"
23 Fool
24 String instruments
25 It ain't worth a



Today's horoscope

Aries March 21-April 20 You may try to hide the truth from the world today but it's highly unlikely you will succeed. You will do or say something that lets the cat out of the bag.

Taurus April 21-May 21 Why do you feel you have something to prove? Whatever the reason you'll go out of your way over the next 24 hours to convince people to take you seriously. Don't push too hard though or they may dislike you.

Gemini May 22-June 21 You may feel superior to most other people, and no doubt with good reason, but don't make an issue of it or you will turn them off — worse, they may turn against you. Not everyone can be a Gemini.

Cancer June 22-July 22 Steer clear of issues that do not really concern you. The planets warn you are liable to mis-judge things quite badly, which won't do much for your reputation.

Leo July 23-Aug. 23 You are very close to making a success of something you nearly gave up on just a short time ago. Stick with it a little bit longer and you will be able to celebrate a remarkable success.

Virgo Aug. 24-Sept. 22 The right mental attitude always attracts the right opportunities, both in your personal life and in your work and business affairs, so strive to stay positive and expect good things to come your way — and they will.

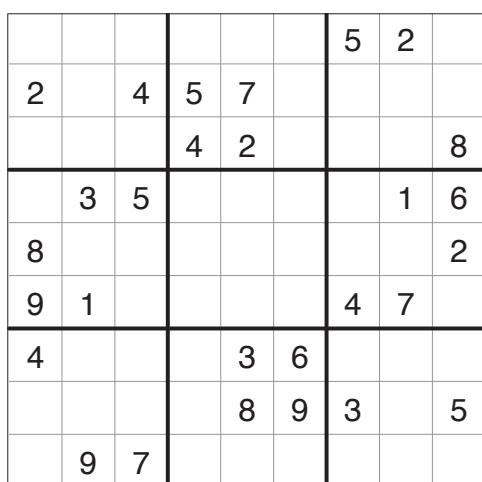
For today's crossword answers and for expanded horoscopes, go to metronews.ca

Libra Sept. 23-Oct. 23 Others will talk you up and make you out to be something you are not today. It's nice to be flattered but you know it could backfire on you if you fail to live up to expectations.

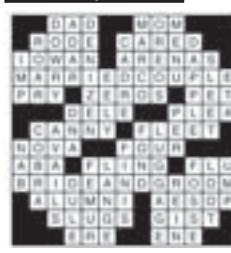
Scorpio Oct. 24-Nov. 22 You can make even the most difficult tasks look easy, but don't get carried away and claim you can do things that are way beyond your powers. Someone is likely to call your bluff.

Sagittarius Nov. 23-Dec. 21 Some people you know you can trust and some people you have your doubts about but you are advised to keep those doubts to yourself today or you could end up offending someone important.

Sudoku



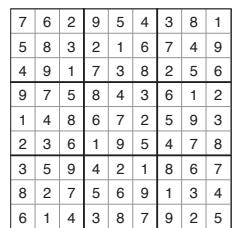
► Yesterday's answer



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



A look at the weather



TODAY Min 2° Max 20°

FRIDAY Min 3° Max 9°

SATURDAY Min 2° Max 11°

Andrew Schultz,
Meteorologist



"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 6AM

MISHA JAPARIDZE/THE ASSOCIATED PRESS

Caption contest



WIN! You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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403.252.1544

SOUTHCENTRE MALL

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CALGARY, AB, T2J 3V1
403.271.6464

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403.280.9521

MARLBOROUGH MALL

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